

Introduction

Flutastics is designed to be an interactive way to explore the many sound capabilities of your flute. It is a workbook that will guide you through developing your own lexicon for extended techniques. Through this easy and accessible hands-on approach, you will create your own comprehensive chart of microtones and multiphonics. There are no complicated fingerings or embouchure positions to replicate; no intimidating stacked chords to play. Instead, in *Flutastics*, you will find step-by-step instructions, a few simple note guidelines to follow and a logical progressive fingering pattern that unfolds into the extended sound techniques so fundamental to today's contemporary flute repertoire. You set the pace, and discover the air speeds and embouchure changes that work best for you and your flute. In the end you will have a fingering manual that you have developed—for your playing on your flute.

All you need is a pencil, a chromatic tuner, your flute and an open mind! Don't worry; there are no wrong answers. At the end of the book, a completed chart based on my playing on my flute (Yamaha, model #774, open hole, off-set G, split E, B-foot, A-442, but tuned to A-440) has been included for your reference. You can use this to help you get started and for clues when you get stuck.

I have set out the exercises in what I think is not only a logical approach, but in an order that develops skills that build upon each other. However, you can do any exercise in any order that you want. I only ask that you start with the three exercises under "How to Use this Book." Then have fun and do what you want to not what you think you should do. Work in the book in any order that you want. Jump around; do a little bit; do a lot; work on two at once. Just do the work!! If you aren't certain that you are doing it right don't worry, just by trying to figure it out you will learn something. Thanks for having the courage to jump into new territory. I hope that you have as much fun as I do exploring new worlds on your flute.